



Quebec

18+ SUPPORTS



Ministère de la Santé et des Services sociaux

Provides numerous services to assist persons with a physical or intellectual disability or autism spectrum disorder (ASD). These services assist with social independence.

To learn about services provided in your region, contact your integrated health and social services centre (CISSS) or your integrated university health and social services centre (CIUSSS).



Social assistance and social solidarity



Shelter allowance program



Assistive device programs



Resources

- 🌐 Ministère de la Santé et des Services sociaux
- 🌐 Finding your CISSS or your CIUSSS

It is important to note that resources presented in this Toolkit may have shifted from what is indicated; hence, you are strongly encouraged to check with school personnel in your local jurisdiction to ensure accuracy of information.