

Let's Learn About Inclusion

- What is inclusion?
- Why is inclusion important?
- What does inclusion look like?

What is Inclusion?

Inclusion means .

- Enjoying your community,
- Feeling like you belong
- Being with people who you want to be with

A person with autism can sometimes feel left out.

Why is Inclusion Important?

We are happier if we feel included as part of the group.

Social inclusion means taking part in the activities that you want to do.

What Does Inclusion Look Like?

Many people use computers and other technology to help them become included.

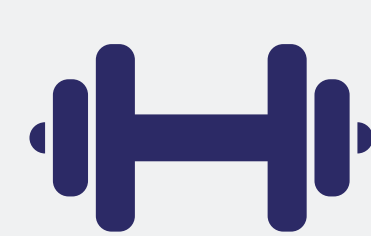
On a computer you can look up activities and programs that you might want to join.

We can help autistic people feel more included by.

- Making sure teachers, police officers and other people all know about autism
- Making sure everyone knows how to listen to and support autistic people

Other ways to help autistic people be included are.

- Make sure that gyms, libraries and other places are welcoming to autistic people
- Make it easy for autistic people to use public transit



Think About Your Inclusion.

In the past, what made it harder to feel included?

Now, what sort of things help you feel included?

What is hard about not being included?



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