



The Housing Toolkit

**Helping individuals with Autism and their families
navigate the New Brunswick housing support system.**

The Housing Toolkit | Acknowledgments

This Toolkit was written and designed by Autism Nova Scotia. The organization would like to thank the New Brunswick Association for Community Living (NBACL) and the New Brunswick Government for their support and feedback during the review process.

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The Housing Toolkit | Index

The Housing Toolkit Index	1
Where to Start?	2
New Brunswick	3
What is the Department of Social Development?	4
Persons with Disabilities	5
How to apply for support?	6
Delivery of DSD Care Model	7
Who to ask for help when deciding on housing options?	8
Deciding where to live	9
What housing options are available for adults?	10
Licensed Housing Options	11
Unlicensed Housing Options	12
GNB Housing	13
GNB Housing Support Programs	14
GNB Housing-Housing Options	15
GNB Housing-Funding Options	16
I have more questions-where do I go?	17

What is the Housing Toolkit?

The Housing Toolkit helps individuals with autism and their families learn how to access housing and funding in New Brunswick.

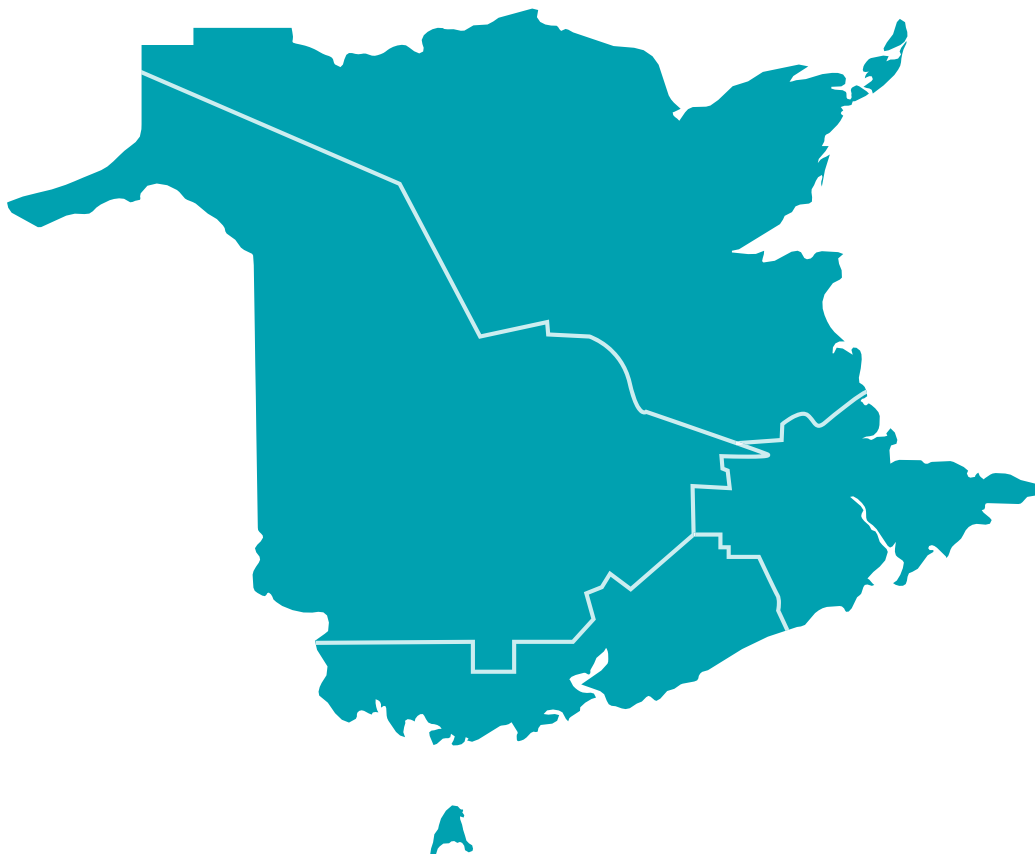
The Housing Toolkit explains:

- Who to reach out to for help
- How to reach out for help
- How an individual qualifies for help
- Housing Options
- Funding Options
- Support Options



New Brunswick

The goal of the Housing Toolkit is to help explain the services and supports available in New Brunswick for individuals with autism and their support network.



The Department of Social Development (DSD) is part of the Government of New Brunswick (GNB). DSD helps individuals and families through four different programs. Check out the “Navigating the DSD Toolkit” for more information.



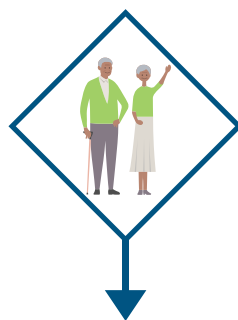
Children & Youth

- Adoption & Foster Care
- Protection



Individuals & Families

- Adoption & Foster Care
- Health Services
- Housing
- Residential Services & Long-Term Care
- Protection



Seniors

- Financial Assistance
- Healthy Aging
- Residential Services & Long-Term Care
- Protection



Persons with Disabilities

- Health Services
- Housing
- Disability Supports & Residential Services
- Employment & Labour Market Information

The Disability Support Program is part of the Department of Social Development (DSD). They help individuals who are eligible with receiving support, funding, and housing.

Persons with Disabilities



Health Services

- Rehabilitation Program
- Hearing Aid Program
- Prosthetic Program
- Orthopedic Program
- Wheelchair/Seating Program
- Vision Program
- Family Support for Children with Disabilities
- More Health Services



Housing, Disability Supports & Residential Services

- Disability Support Program
- Housing Assistance for Persons with Disabilities
- More Housing Services
- Licensed Nursing Homes in New Brunswick
- Special Care Homes



Employment & Labour Market Information

- Labour Market Agreement
- Equal Employment Opportunity Agreement
- Career Development Opportunities for Persons with Disabilities

Who to contact:

When determining an individual's eligibility they must contact the Department of Social Development (DSD) for an intake appointment to determine a care plan moving forward.

Department of Social Development

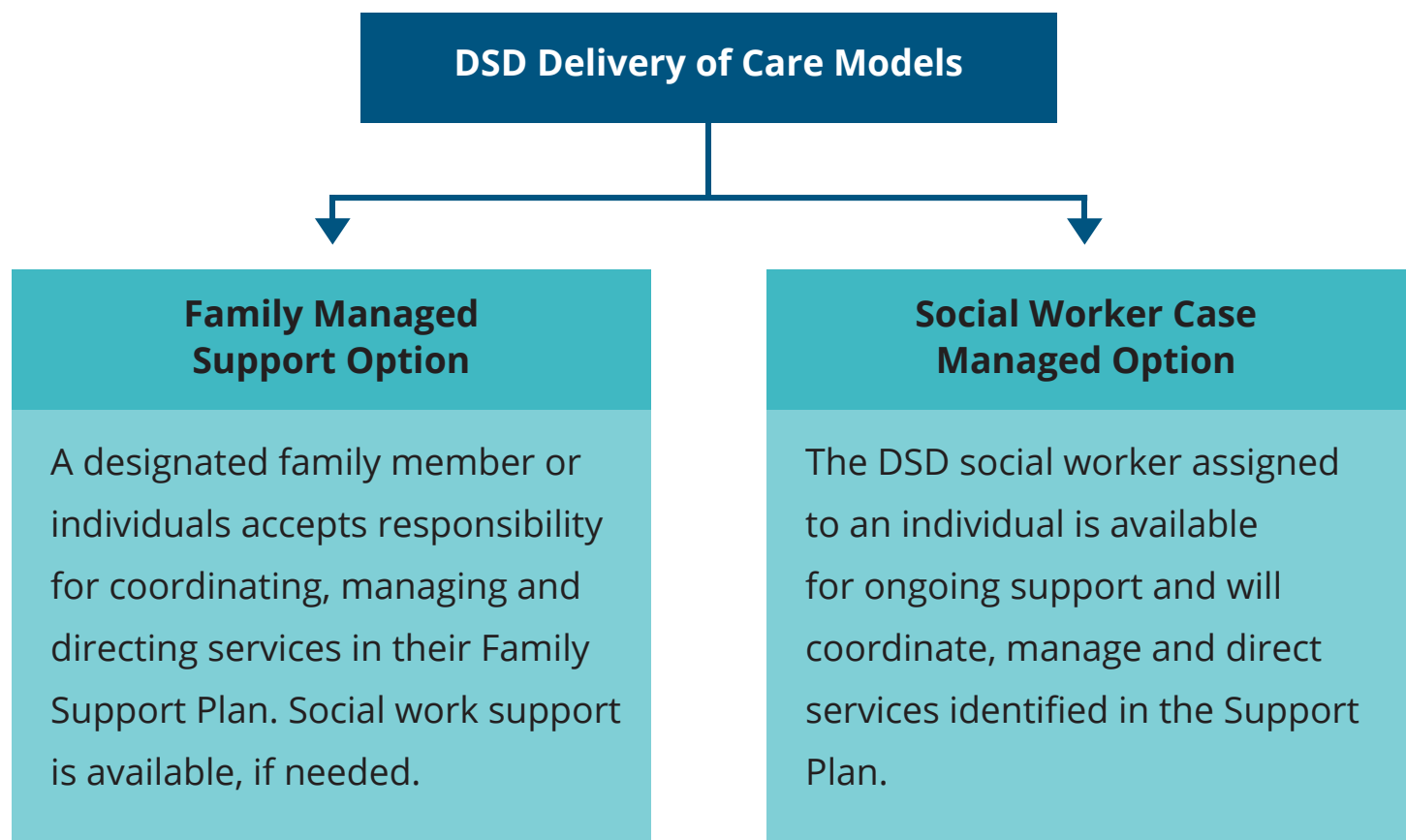
Learn how to contact the Department of Social Development (DSD) for help.



Who to contact:

The Department of Social Development (DSD) has two methods of delivery when providing funds and support. A family can manage an individual's care plan themselves or work with a DSD Social Worker.

Department of Social Development Delivery of Care Model



Independent Facilitator:

An independent facilitator is someone who can work with a family to help them understand their funding, housing, and support options. They are approved by the government to be able to help families determine their desired care plans.

Role of an Independent Facilitator

An Independent Facilitator will:

Help people prepare an application for disability supports.

- Help an individual create their desired support plan for consideration for funding by the government by:
- Helping people identify goals, needs for disability supports and services, and different ways to have supports and services provided.
- Help people make informed choices based on all options available in their community.
- Help people to access other kinds of services that may be required.

How to choose a housing option?

The Department of Social Development (DSD) will assign a social worker to work with an individual and their family to determine what the best option is for them or allow the family to decide themselves.

Criteria to receive funding/housing help:

1. Have needs that are unmet and have a confirmed diagnosis of a developmental and/or intellectual disability, long term mental health illness, and/or physical disability.
2. Complete a DSP application and financial assessment through DSD.
3. Be approved to receive support and funding to determine an individual's care plan.



What is Housing?

- Housing is where someone lives.
- There are different options for where an individual can live.
- Department of Social Development can help an individual find a home to fit their needs.

What are an individual's living options?

Licensed Options:

1. Community Residences
2. Special Care Home
3. Nursing Homes

Unlicensed Options:

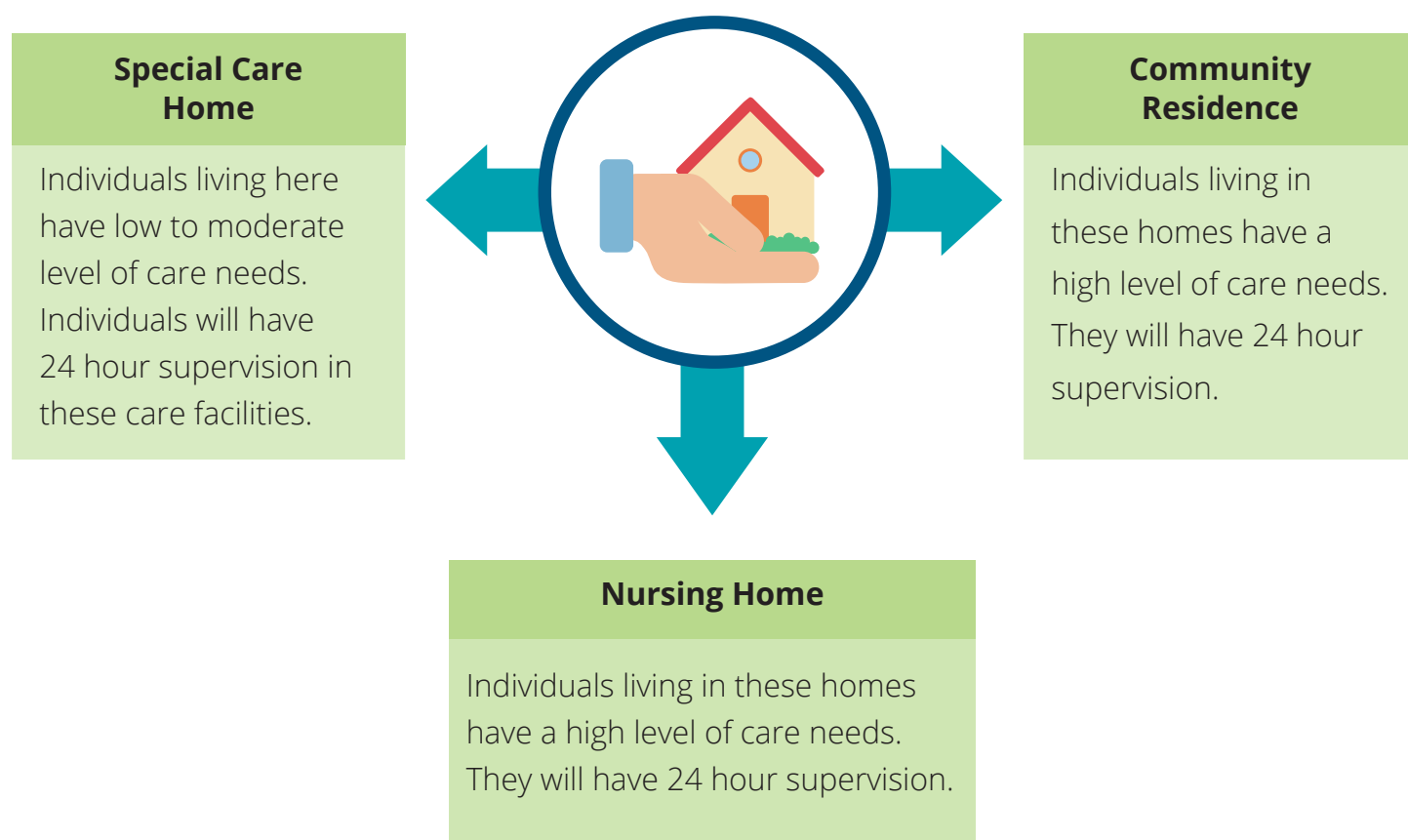
1. Living with their family/support network
2. Living alone/with a roommate
3. Living with alternative family
4. Living with another family member
5. Live in support roommate through New Brunswick Association for Community Living (NBACL)



Licensed Options:

The Housing Options below are funded by the Disability Support program. The support would include food, rent, and personal supplies for each individual.

Licensed Home Option: Residential Facilities



Unlicensed Options:

- Unlicensed home options are different than Licensed Homes.
- An individual and their support network are responsible for finding housing.
- Social Assistance may provide a certain amount of money to help pay for support workers, rent, food, and utilities.

Live on your own

- Live in an apartment by yourself.
- Receive funding to help with basic needs through social assistance.

Unlicensed Housing Options

Live with a roommate

- Live with another person in an apartment or house.
- Receive funding to help with basic needs through social assistance.

Live with an Alternative Family (AFLA)

- Live with another family other than your own.
- Have a supportive family environment to help you if needed.
- The individual must know the family, DSD will not set them up with an AFLA home situation.



Live-In Support Roommate

- Live with another person who will provide informal support through NBACL.
- Receive funding to help with basic needs, & respite through social assistance.

Live with your family/ support network

- Live with your family or support network.
- Receive funding to help with basic needs through social assistance.

Housing Support in New Brunswick:

- GNB is responsible for public housing and housing support programs for persons with disabilities for the province of New Brunswick.
- You may be recommended to GNB Housing supports as an option for you or your family depending on what your needs are.
- Toll-Free Number: 1-833-733-7835

DSD's regional offices:

1. Southeast Zone (Moncton)
2. Southwest Zone (Saint John / Fundy)
3. Central Zone (Fredericton / Woodstock / Perth / Miramichi)
4. Northern Zone (Edmundston / Grand Falls / Restigouche / Chaleur/Péninsule and Acadienne)



GNB Housing:

GNB has options for living as well as programs to support families and individuals with disabilities in need of help.

Government of NB Housing Support Programs



Housing Options

1. Public Housing for Families
2. Non-profit Housing
3. Residential Facilities
(Special Care Homes)



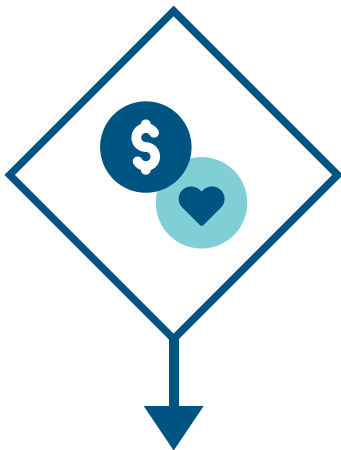
Funding Programs

1. Rental Assistance Program
2. Rent/Rooming Rehabilitation
Assistance Program
3. Housing Assistance for
People with Disabilities
4. Portable Rental Subsidy

Housing Options:

Housing NB has a number of housing options to fit individual and families living needs.

Housing GNB - Housing Options



Public Housing for Families

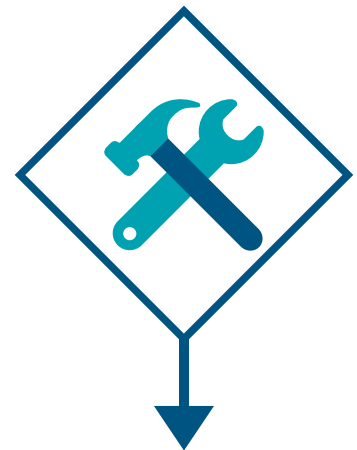
This program provides subsidized rental accommodation for families who, because of low income experience difficulty in obtaining adequate and affordable housing in the private sector.



Residential Facility

Live in a government licensed building with six or more other individuals. There are three types of residential facilities available in New Brunswick.

- Group Home
- Special Care Home
- Nursing Home

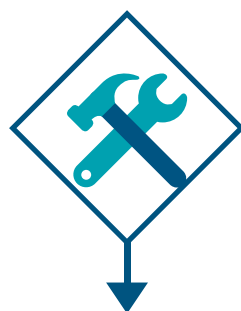


Non-profit Housing

This program provides assistance to private non-profit organizations, including cooperative groups, to assist households who are in need to obtain affordable, adequate and suitable rental accommodations.

Funding Options:

GNB funding options to support families and individuals in need of financial assistance with rent, renovations, or emergency funds.



Portable Rent Subsidy	Housing Assistance Program for Persons with Disabilities	Rental / Rooming Rehabilitation Assistance Program	Rental Assistance Program
Created to help individuals with disability find barrier-free housing to fit their needs. Barrier free housing can be hard to find in the public housing system as there are not many units available. The rent supplement is tied to the individual and can move with the tenant from unit to unit.	Provide Financial Assistance for: 1. Homeowners modifying their homes for individuals with disabilities whose household income is at or below the applicable Housing Income Limit. 2. Landlords that are modifying rental properties to be occupied by tenants with disabilities with income at or below the applicable Housing Income Limits.	Provides financial assistance to owners / landlords for mandatory repairs to self-contained units or houses with bed units that are substandard and rented to low income households.	Provides assistance to households in need so that they may obtain affordable, adequate and suitable rental accommodation by subsidizing rents in eligible rental dwellings.

If you are looking for more information, use this list of resources:

Department of Social Development (DSD)

https://www2.gnb.ca/content/gnb/en/departments/social_development.html

DSD-Persons with Disabilities

https://www2.gnb.ca/content/gnb/en/departments/social_development/persons_disabilities.html

DSD-Disability Support Program

https://www2.gnb.ca/content/gnb/en/services/services_renderer.200972.html

DSD- Housing Services

https://www2.gnb.ca/content/gnb/en/departments/social_development/housing.html

Family Supports for Children with Disabilities

https://www2.gnb.ca/content/gnb/en/services/services_renderer.10195.html

New Brunswick Association for Community Living (NBACL)

<https://nbacl.nb.ca/>